

# Helping SENIORS Cope in a New World

Join Us!

**NY Project Hope**  
**Coping with COVID**

Tuesdays at 11am:  
9/14, 9/21, 9/28,  
10/5, 11/12



Come meet with your  
peers as we learn to  
navigate this new world!



Please RSVP to:  
Denise Chin  
(914) 337-7768

